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John Robbins (born October 26, 1947) is an American author, who popularized the links among nutrition, environmentalism, His 2006 book Healthy at 100,

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Nov 13, 2012 People are aging faster and destroying their bodies much faster than the four longest lived healthiest societies in the world. John's book "Healthy at 100

Healthy at 100: the scientifically proven secrets

Author information. Widely considered one of the world's leading experts on the dietary link between the environment and health, John Robbins is the author of the

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Oct 28, 2006 Excerpt from John Robbins' recent Healthy Lifestyle Expo 2006 talk about his new book, "Healthy at 100." This is a book aimed at baby boomers which looks